

Partnering with parents and families to help all children, ages birth to 5, stay healthy and succeed in school

# **Family Guide to First Things First Funded Programs**

#### **Contact**

Are you a parent or caregiver looking for resources and support?

#### **Home Visitation - The Cocopah Early Steps Program**

Gives young children stronger, more supportive relationships with their parents through in-home and community-based services on a variety of topics, including voluntary classes about parenting skills, early childhood development, literacy, etc. Connects parents with community resources to help them better support their child's health and early learning.

### **Cocopah Early Steps Program**

(928) 627-3729 office

#### **Birth to Five Helpline**

Helps families with young children get free answers to their toughest parenting questions.

Southwest Human Development, Inc.

(877) 705-KIDS (5437)

Do you need to keep you or your child safe and well?

### **Food Security - Harvest Box**

 $Improves \ the \ health \ and \ nutrition \ of \ children \ 5 \ and \ younger \ and \ their \ families.$ 

Cocopah Community Center (928) 627-5658 Yuma Community Food Bank (YCFB) (928) 343-1243

Do you need to find quality child care for your infant, toddler or preschooler?

### **Early Learning**

Resources for finding quality care and preschool programs.

## **Quality First**

Qualityfirstaz.com

First Things First Cocopah Tribe Regional Partnership Council

For more information contact:

Roselia Ramirez, Regional Director at rramirez @azftf.gov or 928-343-3020 Nena Garcia, Community Outreach Coordinator at mgarcia@azftf.gov or 928-343-3020 The region consists of the three noncontiguous reservations of the Cocopah Indian Tribe in Southwestern Arizona

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